



## Westerley Cycling Club

**Start Sheet – 10 Mile Open Time Trial – Sunday 1st May 2022**  
(For and on behalf of Cycling Time Trials under their Rules and Regulations)

### Event Organiser

Gary martin 07826505439

### Timekeepers

Don Ashton  
Roger Woolsey

### Prizes

#### Mens

1<sup>st</sup> 2<sup>nd</sup> 3<sup>rd</sup>

#### Womens

1<sup>st</sup> 2<sup>nd</sup> 3<sup>rd</sup>

#### Team of 3

**Headquarters** – (open from 7am)

Liston Hall, Chapel St Marlow SL7 1DD

**Start time is now 8am**

***Please allow at least 10-15 minutes to get to the start from the HQ.***

*The start is over the A404 Rab in Marlow Rd*

### Safety

Negotiating Roundabouts – Give priority to traffic from your right  
Signal clearly to other road users the course you intend to take  
Safety is the first priority – not your performance

Protective Helmets: All competitors must wear a HARD SHELL HELMET that meets an international accepted safety standard.

: Under Ctt regulations a rear flashing LED and Front light is required otherwise no ride

***Please note that there will be no direction or marker signs on the A404.***

### District Regulations applicable to all events

#### Restriction of Parking at the Start and Finish

LWDC 4 No vehicles, except those of the timekeepers', shall be parked at the start or finish and no warming up near the start.

#### Reporting of breaches of Local Regulations

LWDC 5 All breaches of Local Regulations shall be reported in writing to the London West District Secretary.

